Well Child™

Scoliosis

Scoliosis is a disorder in which there is a side way curving of the spine, or backbone. Curves are often s-shape which is cause for the curve.

Cause

In most people with scoliosis, the cause is not known. The most common type is idiopathic in and seen most often in children ages 10-12. Girls are more likely than boys to have this type of scoliosis.

Treatment

Treatment for scoliosis is based on:

- The person's age
- How much more he or she is likely to grow
- The degree and pattern of the curve
- The type of scoliosis

The doctor may recommend observation, bracing, or surgery.

Please visit your Primary Care Provider.

Reference:

National Institute of Arthritis and Musculoskeletal and Skin Disease (2007).
Retrieved on October 17, 2007 from www.niams.nih.gov